

Activity 5 assignment

make sure to separate each activity with different file

part one: you must complete a full activity, which should consist of at least 3 paragraphs, of at least 4 sentences per paragraph, please perform the following tasks and respond to the associated questions/prompts:

- First, please visit the following link (<https://www.youtube.com/watch?v=D9H9qTdserM>) and watch and take notes on Sapolsky's lecture and question and answer session, which occurred at the University of Illinois in 2016. This lecture is essentially an overall summary of the major points in his book, "Why Zebras Don't Get Ulcers," which will be a great review for future quizzes and exams and act as an extraordinary supplement to book. After viewing the ENTIRE video, please provide the following information for your initial post:
- For your first paragraph, select one or two ideas from Dr. Sapolsky's lecture that you already knew a little something about and provide a summary of his presentation of these concepts in his lecture. Make sure to paraphrase Dr. Sapolsky, trying NOT to use direct quotes. (at least 1 paragraph of at least 4 sentences per paragraph)
- In the next paragraph, select one or two ideas from Dr. Sapolsky's lecture that you knew virtually nothing about and provide a summary of his presentation of these concepts in his lecture. Make sure to paraphrase Dr. Sapolsky, trying NOT to use direct quotes. (at least 1 paragraph of at least 4 sentences per paragraph)
- Finally, after viewing the question and answer session towards the end of the video, what is one question YOU would like to ask Dr. Sapolsky regarding stress? Please explain why you would ask this question. Additionally, what feedback would you give him regarding his presentation of the material during the lecture and his overall writing in his book we are reading for class. (at least 1 paragraph of at least 4 sentences per paragraph)

part two : Please complete the activity (listed as activity 3 on page 400 in the text): Compare an evaluation report with a research report (both are provided in this week's folder). What are the similarities and differences? How could you improve the evaluation report?